Rushmoor Royals Masters Results Swim England 28-30th October 2022 at Sheffield, 25m Pool

Nigel Vickers (55/59)	100m backstroke	1:13.67	5th
	50m breaststroke	35.76	8th
	100m breaststroke	1:18.60	3rd
	200m breaststroke	2:54.25	3rd
	100m IM	1:12.01	3rd
	200m IM	2:34.61	4th
Samantha Wilson (25/29)	50m breaststroke	36.11	5th
	50m butterfly	30.76	10th
	50m freestyle	27.69	6th
	100m freestyle	59.39	5th
	200m freestyle	2:10.39	3rd
	400m freestyle	4:40.49	1st
Diane Ford (75/79)	50m breaststroke	46.69	1st
Swimming for Spencer Swim Team	100m breaststroke	1:42.67	1st
	200m breaststroke	3:48.96	1st