

Litten Reaches Semi-Finals in British Championships



Picture: Simon Wright / GBswimstars.com

Rushmoor Royals' swimmer Tom Litten made it into the semi-finals of the 50m Breaststroke event at the British Championships in Manchester on Monday.

Litten was joined by Angharad Eburne, 13 and Nicole Ryan, 12, at the country's premier event.

The British Championships are both the trials for the World Championship and the selection event for the European Junior Championships, European Youth Olympic festival and World Youth Championships.

Litten swam well in the 50m heats, finishing in 13th position. However, in the semi-finals, he swam an outstanding race and came in 10th with a new personal best time of 29.51.

Ryan faced stiff competition in the Women's Open 1500m freestyle, swimming her heat against Kerri Ann Payne (Olympic silver medallist) and Casandra Patten (Olympic Bronze medallist). She swam well, coming in 22nd place overall.

Team mate Eburne swam a personal best time in her event, the Women's open 100m Breaststroke, to come in 37th place