

Rushmoor Royals excel at Hampshire County Championships

Rushmoor Royals' Nicole Ryan and Alice Lim achieved National Qualifying Times in the Hampshire County Championships this weekend.

The clubs' girls were on top form at the events, held in Portsmouth's Mountbatten Centre.

Leigh Beale and Alice Lim both achieve Regional times in the 400m Individual medley for their age group, and Angharad Eburne and Victoria Lim achieved regional times in 400m and 1500m Freestyle respectively.

The boys also fared well, with regional times for 400m freestyle achieved by George Emmins, Aaron Gudge, Jamie Cunningham and Justin Hanson; and for 1500m free for Elliot Broad and Justin Hanson.

The Rushmoor girls won a number of events outright, beating swimmers from clubs throughout the Hampshire area. In girls 800m Freestyle, the Royals dominated, with 1st places for Nicole Ryan, Victoria Lim and Catriona McGill in their age groups. Ten year old Leigh Beale fought off stiff competition to win the 400m Freestyle event.

In the 9-11 age group, the Royals' rising stars - Leigh Beale, Nicole Ryan, Carlotte Ovens, Elinor Cotton, and Holly Campbell formed invincible teams for the relays, winning gold in both the 200m Freestyle and the 200m Medley Relay.

There were excellent swims from Alex Clifford, Elliot Broad, Oliver Broad, Justin Hanson, Alice Lim and Faline Chapman, each earning either 2nd or 3rd place in their events. The Boys U11 and Girls U13 relay teams also swam in medal positions.

Head Coach Ben Lafferty said the results reflected the hard work and dedication shown by the swimmers. "I am eager to see what the Royals swimmers will achieve in the next two weekends of county events. I am expecting more Regional and National times from this fantastically talented group".