

National Arena Swimming League Round 1.

Congratulations to all our swimmers in both A and B teams who competed in the first round of the National Arena Swimming League at the weekend. We raced in tough circumstances – our B team are newly promoted from Division 2 and were up against teams of a much higher calibre than last year, and our A team were without any senior boys over the age of 17 and were missing a couple of swimmers who might have scored us a few more points.

Despite the difficult task there were some encouraging individual performances from a number of swimmers. In the A team there were 10 personal best times and four wins (from our new member Nicole Ryan, Alice Lim, Victoria Lim, and Ben Artis). In the B team there were 11 personal best times.

The second round brings an opportunity to win through to the 'middle' gala in the final round. The A team scored more gala points than four of the teams in the other galas in Round 1 and can possibly achieve a place in the middle gala if we finish 4th or higher in Round 2.

Thanks to all our parents and supporters who worked their way through traffic to cheer us on at Croydon and Waterloo. We look forward to seeing you in Bracknell and Bognor for Round 2.

Ben Lafferty
Head Coach