

INTRODUCTION AND AIMS

- The aim of the Mini Meets is to give our young swimmers an introduction to competition and to give them added incentive to attend their training sessions and to work hard, by providing an ideal competitive environment in which to develop their racing skills.
- To provide an early introduction to the ASA BAGCATs awards for swimmers and parents.
- Regular Mini Meet attendances will allow a coach to monitor each swimmer's progress.

Parents are also to be actively encouraged to develop skills as officials and helpers in running the series.

RULES

- **Ages will be calculated as age at 27th May 2012**
- Swimmers in Silver and Olympic squads and Rushmoor Royals Academy may enter
- The competition will be held under ASA Laws & ASA Technical Rules.

EVENTS

Age as at 27th May 2012

10/over - 50m all strokes*, 200m Freestyle, 100m I.M

9yrs & under - 50m all strokes except fly, 25m fly, 200m Freestyle, 100m I.M

*Academy swimmers and 10/11 yr Olympic 1swimmers may enter 25m fly as a time trial in place of 50m fly event if their coach agrees but will not get points towards BAGCAT award or medal for it.

Please consult your coach about which events you should enter.

PROGRAMME

Round 1 Sat 24th March Aldershot Lido Warm up 6 pm

Girls & Boys	50m Freestyle
Girls & Boys	50m Backstroke
Girls	200m Freestyle
Boys	100m I.M.

Round 2 Sat 28th April Aldershot Garrison (25m) Warm up 6pm

All Ages	Boys & Girls	50m Breaststroke
9/under*	Boys & Girls	25m Butterfly
All Ages	Boys & Girls	50m Butterfly
All Ages	Boys	200m Freestyle
All Ages	Girls	100m I.M.

*Includes Academy and Olympic 1 opting for 25fly time trial

Round 3 Sat 12th May Aldershot Garrison(25m) 6 pm

Programme repeated as 24th March

Round 4 Sun 27th May Aldershot Garrison (25m) 5.30pm Programme as 28th April

AWARDS

12th May and 27th May

Medals will be awarded to the top 3 Girls and Boys in each age group, i.e. 9yrs/under, 10yrs, 11yrs, 12yrs, 13/over for every event. A swimmer competing in all rounds will have had the opportunity to swim every event twice. Each swimmer's best times will decide placings. **n.b.** Swimmers opting to swim the 25m fly in place of the 50m fly will not be eligible for awards for this.

All swimmers will receive a certificate for participating in the series.

In addition points will be calculated for all swims in each round for swimmers aged 9/under, 10, 11, 12, 13&over. Points will be added together for each swimmer's two best 50m of different strokes, 200m Freestyle and 100m I.M. swims to give an overall points total. Swimmers other than 9/unders opting to enter the 25m fly will not gain points for this event, but their time will be recorded. Awards will be given to the top 6 in each age group of boys and girls. These will be presented on Sunday 3rd June at the garrison during training.

ENTRY FEES

The entry fee is £7 per round.

For ease of administration please enter and pay in total for all rounds in which you intend to swim. Please complete the entry form and return with a cheque (payable to Rushmoor Royals S.C) addressed to RR Mini Meet Series, 81 Manor Rd, Farnborough, Hants. GU14 7HJ or hand in to your coach or Chris Wall. **Closing date for entries in the 2nd & 3rd rounds is Sunday 22th April.**

EQUIPMENT

Swimmers need to bring an extra towel, a t-bag or t-shirt, and a drink to the competition.

OFFICIALS AND HELPERS Novice Timekeepers and Volunteers Needed Please!

All our officials and helpers are volunteers and these meets could not run without them. We need your help to make the Mini Meet Series a success for all the swimmers. Volunteers are needed to help serve squash, sell programmes, input data, whip and help younger swimmers to the starting blocks. We also need officials and in particular any novices who may be interested in training as timekeepers. If you've never helped before, this is the ideal opportunity to volunteer a couple of hours of your time and start helping your child's club.

All poolside helpers will be required to have filled in ASA registration forms and CRB forms for the club in line with ASA policy. These can be supplied and will only take a few minutes to complete.
Please offer your help on the entry form. Many thanks.

If you have any questions please speak to your coach or contact Chris on 01252 546509.