

	A	Time	Pos	PB	B	Time	Pos	PB
400m FS – Men	Justin	4.35.5	3	PB	Elliott	4.58.84	4	
400m FS - Women	Nicole	4.49.62	3		Faline	4.42.06	2	
100m FLY – Men	Adam	1.06.56	2		Aaron	1.15.94	4	
100m FS – Women	Victoria	1.03.03	2	PB	Louise	1.05.88	3	PB
200m BC – Men	Michael	2.20.84	1		Ben	2.22.58	2	
200m BC – Women	Nicole	2.40.02	3		Alice	2.31.91	1	PB
100m BS – Men	Justin	1.20.38	4		James	1.16.05	3	PB
200m BS – Women	Angharad	2.55.99	2		Catriona	3.00.56	3	
200 IM - Women	Faline	2.36.48	2		Alice	2.40.47	3	
200m IM – Men	Justin	2.32.72	3		Aaron	2.48.84	6	
50m FS Women	Victoria	29.25	3	PB	Faline	29.25	2	
100m FS – Men	Jamie	1.02.48	3		Jacob	1.08.66	6	
100m BC – Women	Nicole	1.16.73	3		Ellie	1.11.56	2	PB
100m BC – Men	Michael	1.05.65	2		Ben	1.07.31	4	
200m FS – women	Nicole	2.25.12	5		Alice	2.18.06	3	
200m BS – Men	Justin	2.56.71	1	PB	Will	3.07.02	4	
100m BS – Women	Angharad	1.22.23	2		Catriona	1.27.85	3	
200m FS – Men	Adam	2.13.13	3		Elliot	2.25.19	5	
100m FLY Women	Victoria	1.07.88	1		Alice	1.11.06	3	
50m FS – Men	Jamie	27.72	5	PB	Jacob	31.74	7	
4 x 50m – Medley Relay - Women	Ellie Angharad Victoria Faline	2.18.63	1		Nicole Catriona Alice Louise	2.20.59	3	
4 x 50m – Medley Relay - Men	Michael James Adam Jamie	2.04.18	2		Ben Will Aaron Elliot	2.18.13	4	
4 x 50m – FS Relay - Women	Faline Ellie Victoria Alice	1.58.44	2		Nicole Catriona Louise Angharad	2.04.34	3	
4 x 50m – FS Relay – Men	Michael Adam Justin Jamie	1.53.03	2		Ben Will Elliot Jacob	2.04.11	5	