

## HCASA County Championships 2010

### Rushmoor Royals Results Day 1

#### Results for Girls 13 Years/Under 400m Individual Medley

##### Event 102: Girls Age 10 400m Individual Medley

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
2	Leigh Beale	16/03/99	Rushmoor Royals	<u>6:17.12</u>	379	38.95	1:26.12	2:15.85	3:04.69	3:56.01	4:50.92	5:35.24	<b>PB</b> <b>RT</b>

##### Event 105: Girls Age 13 400m Individual Medley

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
2	Alice Lim	06/08/96	Rushmoor Royals	<u>5:23.20</u>	603	32.84	1:10.31	1:54.15	2:35.53	3:24.74	4:14.20	4:49.72	<b>PB</b> <b>RT</b>

#### Results for Boys 14 Years/Under 400m Freestyle

##### Event 107: Boys Age 10 400m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
3	Oliver Broad	14/04/99	Rushmoor Royals	<u>5:50.16</u>	257	39.05	1:24.64	2:09.07	2:52.95	3:37.21	4:22.37	5:07.56	<b>PB</b>

##### Event 109: Boys Age 12 400m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
6	Elliot Broad	26/06/97	Rushmoor Royals	<u>4:49.05</u>	457	32.74	1:09.28	1:46.17	2:23.51	3:00.56	3:37.46	4:14.41	<b>PB</b>
8	George Emmins	09/05/97	Rushmoor Royals	<u>4:53.35</u>	437	33.84	1:11.14	1:48.96	<u>2:25.98</u>	3:03.94	3:41.31	4:17.50	<b>PB</b> <b>RT</b>
12	Aaron Gudge	02/07/97	Rushmoor Royals	<u>4:58.41</u>	416	33.22	<u>1:10.35</u>	1:48.61	<u>2:27.03</u>	3:05.39	3:43.97	4:21.38	<b>PB</b> <b>RT</b>
15	Jamie Cunningham	06/11/97	Rushmoor Royals	<u>5:02.64</u>	398	33.15	1:12.51	1:52.43	2:32.09	3:12.23	3:52.14	4:30.56	<b>PB</b> <b>RT</b>

##### Event 110: Boys Age 13 400m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
9	Jacob Cross	02/02/97	Rushmoor Royals	<u>5:02.81</u>	398	33.86	1:11.71	1:49.99	2:28.35	3:06.76	3:46.09	4:25.24	<b>PB</b>

### Event 111: Boys Age 14 400m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	PB
4	Justin Hanson	09/03/96	Rushmoor Royals	<u>4:39.52</u>	506	30.92	1:04.84	1:40.59	2:17.20	2:53.11	3:29.59	4:05.72	<b>PB</b> <b>RT</b>
9	Ben Artis	08/01/96	Rushmoor Royals	4:47.73	464	31.48	1:06.86	1:44.05	2:20.71	2:57.28	3:34.43	4:11.49	

### Event 112: Girls Age 9-11 200m Freestyle Relay

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
1	Rushmoor Royals A 9-11		Rushmoor Royals	2:10.75		31.49	1:04.92	1:38.97
9	Rushmoor Royals B 9-11		Rushmoor Royals	2:18.40		34.59	1:09.61	1:44.87

### Event 113: Boys Age 13 & Under 200m Freestyle Relay

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
5	Rushmoor Royals A 13/U		Rushmoor Royals	2:01.21		29.10	1:00.48	1:31.82
15	Rushmoor Royals B 13/U		Rushmoor Royals	2:06.52		32.08	1:03.43	1:35.49

### Event 114: Girls Age 9-11 200m Medley Relay

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
1	Rushmoor Royals A 9-11		Rushmoor Royals	2:27.32		37.33	1:17.60	1:54.15
6	Rushmoor Royals B 9-11		Rushmoor Royals	2:38.46		40.86	1:25.00	2:03.47

### Event 115: Boys Age 13 & Under 200m Medley Relay

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
7	Rushmoor Royals A 13/U		Rushmoor Royals	2:21.74		38.34	1:20.55	1:52.20
13	Rushmoor Royals B 13/U		Rushmoor Royals	2:25.91		35.81	1:18.86	1:53.69

### Event 116: Girls Age 9-11 200m Freestyle Relay FINAL

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
1	Rushmoor Royals A 9-11		Rushmoor Royals	2:10.56		31.19	1:04.57	1:38.08

### Event 117: Boys Age 13 & Under 200m Freestyle Relay FINAL

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
6	Rushmoor Royals A 13/U		Rushmoor Royals	2:02.82		29.50	1:00.70	1:32.67

### Event 118: Girls Age 9-11 200m Medley Relay FINAL

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
1	Rushmoor Royals A 9-11	Rushmoor Royals	2:26.94	36.91	1:17.41	1:53.53		
7	Rushmoor Royals B 9-11	Rushmoor Royals	2:41.58	41.75	1:26.51	2:07.36		

### Event 119: Boys Age 13 & Under 200m Medley Relay FINAL

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m
7	Rushmoor Royals A 13/U	Rushmoor Royals	2:22.99	37.87	1:20.32	1:52.93		

### Event 151: Boys Open 800m Freestyle Relay

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
6	Rushmoor Royals	Open	Rushmoor Royals	8:50.56	29.27	1:01.84	1:35.72	2:09.68	2:39.51	3:15.01	3:50.09	4:23.38	
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						4:52.80	5:26.11	6:01.68	6:36.24	7:05.68	7:39.12	8:15.08	

### Event 152J: Boys & Girls 800m Freestyle JUNIOR

Place	Name	DoB	Club	Time	FINA Pt	PB
12	Victoria Lim	14/08/94	Rushmoor Royals	9:32.60	661	
17	Alice Lim	06/08/96	Rushmoor Royals	<b>9:37.04</b>	646	<b>PB</b>
18	Justin Hanson	09/03/96	Rushmoor Royals	<b>9:38.27</b>	642	<b>PB</b>
26	Nicole Ryan	08/05/98	Rushmoor Royals	<b>9:46.43</b>	615	<b>PB</b>
30	Ben Artis	08/01/96	Rushmoor Royals	9:52.96	595	
34	Elliot Broad	26/06/97	Rushmoor Royals	<b>9:58.07</b>	580	<b>PB</b>
38	George Emmins	09/05/97	Rushmoor Royals	<b>10:03.40</b>	565	<b>PB</b>
42	Aaron Gudge	02/07/97	Rushmoor Royals	<b>10:09.83</b>	547	<b>PB</b>
47	Niamh McDonagh	03/07/95	Rushmoor Royals	<b>10:18.11</b>	526	<b>PB</b>
71	Jacob Cross	02/02/97	Rushmoor Royals	10:55.11	441	
81	Elinor Cotton	30/06/98	Rushmoor Royals	11:49.62	347	

### Event 153: Girls Age 11 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
1	Nicole Ryan	08/05/98	Rushmoor Royals	9:46.43	615	32.81	1:09.51	1:46.67	2:23.99	3:01.46	3:38.80	4:15.95	<b>4:52.38</b>
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:29.45	6:06.90	6:43.84	7:21.40	7:57.98	8:35.38	9:11.24	
4	Elinor Cotton	30/06/98	Rushmoor Royals	11:49.62	347	37.83	1:21.35	2:05.31	2:50.33	3:35.07	4:21.14	5:06.96	5:52.43
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						6:36.92	7:22.99	8:08.20	8:53.57	9:38.34	10:23.52	11:07.07	

### Event 155: Girls Age 13 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
4	Alice Lim	06/08/96	Rushmoor Royals	9:37.04	646	32.82	1:08.58	1:45.00	2:21.47	2:57.98	3:34.48	4:11.37	4:47.84
			<b>CR</b>			<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:24.49	6:01.25	6:37.73	7:14.27	7:51.03	8:27.19	9:03.25	

### Event 156: Girls Age 14 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
6	Niamh McDonagh	03/07/95	Rush Royals	10:18.11	526	33.15	1:09.80	1:47.91	2:26.74	3:05.82	3:44.40	4:23.28	5:02.71
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:42.10	6:22.13	7:02.50	7:42.69	8:21.46	9:01.16	9:40.91	

### Event 157: Girls Age 15 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
1	Victoria Lim	14/08/94	Rushmoor Royals	9:32.60	661	31.86	1:06.61	1:41.99	2:17.96	2:53.55	3:29.57	4:05.69	4:41.94
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:18.36	5:55.30	6:31.86	7:08.77	7:44.68	8:21.40	8:57.36	

### Event 158: Girls Age 16 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
1	Catriona McGill	29/07/93	Rushmoor Royals	9:58.81	578	31.54	1:08.01	1:45.05	2:23.10	3:01.12	3:39.00	4:16.12	4:53.76
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:31.77	6:10.39	6:48.52	7:27.30	8:05.81	8:44.86	9:22.53	

### Event 162: Boys Age 12 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
3	Elliot Broad	26/06/97	Rushmoor Royals	9:58.07	472	33.41	1:10.92	1:48.79	2:27.04	3:05.14	3:43.19	4:21.12	4:59.22
						5:36.06	6:14.19	6:51.42	7:29.36	8:07.01	8:44.85	9:21.76	
5	George Emmins	09/05/97	Rushmoor Royals	10:03.40	460	34.69	1:12.58	1:51.10	2:28.78	3:07.37	3:44.96	4:22.78	5:00.32
						5:37.76	6:16.29	6:54.60	7:33.00	8:11.23	8:49.61	9:26.83	
7	Aaron Gudge	02/07/97	Rushmoor Royals	10:09.83	445	33.91	1:11.66	1:49.89	2:28.36	3:05.85	3:44.39	4:22.64	5:01.88
						5:39.80	6:19.29	6:57.60	7:36.78	8:15.88	8:54.98	9:31.96	

### Event 163: Boys Age 13 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
9	Jacob Cross	02/02/97	Rushmoor Royals	10:55.11	359	35.94	1:16.72	1:58.92	2:40.44	3:22.24	4:03.68	4:45.58	5:27.10
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						6:08.41	6:50.00	7:31.42	8:12.61	8:53.85	9:35.51	10:16.14	

### Event 164: Boys Age 14 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
4	Justin Hanson	09/03/96	Rushmoor Royals	9:38.27	522	33.39	1:08.80	1:45.12	2:20.80	2:58.10	3:34.85	4:11.51	4:47.74
						5:24.28	6:00.78	6:38.46	7:14.44	7:51.85	8:28.76	9:04.39	
7	Ben Artis	08/01/96	Rushmoor Royals	9:52.96	484	33.39	1:10.49	1:47.65	2:24.73	3:02.02	3:39.36	4:17.26	4:55.20
						5:32.86	6:10.52	6:47.98	7:25.64	8:02.49	8:39.82	9:16.89	

### Event 166: Boys Age 16 800m Freestyle

Place	Name	DoB	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
2	Alex Clifford	16/08/93	Rushmoor Royals	9:51.82	487	32.59	1:07.48	1:44.12	2:21.26	2:57.56	3:34.77	4:12.17	4:49.27
						<b>450m</b>	<b>500m</b>	<b>550m</b>	<b>600m</b>	<b>650m</b>	<b>700m</b>	<b>750m</b>	
						5:27.23	6:04.85	6:42.67	7:20.77	7:59.15	8:37.04	9:15.26	

RT – New Regional Time NQT – New National Qualifying Time BC – New British Champs  
CR – New Club Record