

RUSHMOOR ROYALS MASTERS
Welsh Masters Championships
at Welsh International Pool, Swansea (50m pool)
27th Feb – 1st March 2009

	Event	Position	Time
Diane Ford	50m breast	1st	43.46*
(65/69)	100m breast	1st	1:35.81
	200m breast	1st	3:27.60
	100m Freestyle	2nd	1:29.48
Geoff Stokes	200m freestyle	1st	2:39.55*
(70/74)	400m Freestyle	1st	5:40.19*
	800m Freestyle	1st	12:06.52*
	1500m Freestyle	1st	22:55.35*

*British record.