

RUSHMOOR ROYALS MASTERS
Barnet Copthall Masters Distance Meet
at Barnet Copthall (25m pool)
18th & 19th July 2009

RESULTS

	Event	Position	Time
Geoff Stokes	100m freestyle	2nd	1:11.04
(70/74)	200m freestyle	1st	2:36.11
	400m freestyle	1st	5:35.19
	800m freestyle	1st	11:26.47*

*New European & British Record