

| | Event | Name | Time | Place | PB |
|----|--------------------------------------|--|--------------------------------------|-------|-----------|
| 1 | Girls 50m Free | Felicity Mattos | 28.18 | 1 | |
| 2 | Boys 50m Free | Phil Reilly | 26.64 | 4 | |
| 3 | Girls 200m Back | Gemma Bannister | 2.26.93 | 1 | |
| 4 | Boys 200m Back | Matt Coles | 2.28.34 | 2 | |
| 5 | Girls 100m Fly | Beth Brookes | 1.12.76 | 4 | |
| 6 | Boys 100m Fly | James Disney-May | 1.02.80 | 3 | PB |
| 7 | Girls 400m Free | Gemma Bannister | 4.35.79 | 1 | |
| 8 | Boys 100m Breast | Michael Baxter | 1.16.75 | 2 | |
| 9 | Girls 200m Breast | Jodie Willis | 2.41.38 | 1 | PB |
| 10 | Boys 400m Free | Sam Moreton | 4.24.11 | 1 | |
| 11 | Girls 200m IM | Catriona McGill | 2.42.10 | 3 | PB |
| 12 | Boys 200m IM | Bruno Banks | 2.39.27 | 5 | |
| 13 | Girls 100m Free | Victoria Lim | 1.05.94 | 4 | PB |
| 14 | Boys 100m Free | Jon Woodfield | 58.14 | 2 | PB |
| 15 | Girls 100m Back | Felicity Mattos | 1.11.49 | 1 | |
| 16 | Boys 100m Back | Michael Harris | 1.14.39 | 4 | |
| 17 | Girls 200m Free | Catriona McGill | 2.25.74 | 2 | |
| 18 | Boys 200m Free | Matt Coles | 2.07.34 | 2 | PB |
| 19 | Girls 100m Breast | Jodie Willis | 1.17.00 | 1 | |
| 20 | Boys 200m Breast | James Disney-May | 2.40.63 | 1 | PB |
| 21 | Girls 4 x 50 F/S Relay 2.03.83 | Rachel McMeeken Victoria Lim Catriona McGill Beth Brookes | 30.76 30.75 30.84 31.46 | 2 | |
| 22 | Boys 4 x 50 F/S Relay 1.55.82 | Matt Coles Bruno Banks Michael Harris Jon Woodfield | 28.52 30.60 29.10 27.61 | 5 | |
| 23 | Girls 4 x 50 Medley Relay 2.14.78 | Gemma Bannister Jodie Willis Beth Brookes Victoria Lim | 34.89 36.08 33.26 30.55 | 6 | |
| 24 | Boys 4 x 50 Medley Relay 2.12.53 | Bruno Banks Michael Baxter Sam Moreton Jon Woodfield | 37.47 36.39 30.53 28.14 | 5 | |
| 25 | Mixed 4 x 100 F/S Relay 4.05.06 | Felicity Mattos James Disney-May Victoria Lim Phil Reilly | 1.04.28 57.01 1.05.56 58.21 | 4 | |

1st Staines 117 Points
2nd Rushmoor 114 Points
3rd Army (best team) 81 Points